

DRINKS

GLUTEN-FREE · GRAIN-FREE · DAIRY-FREE · SEED OIL FREE



JUICES & SMOOTHIES

CLEANSE & REFRESH

Spinach, cucumber, celery, lime, mint.

SUPER CLEANSE

Spinach, celery, cucumber, orange, lime, mint, ginger, turmeric.

ALOE ALOHA DIGESTIF

Aloe, fennel, mint, spinach, cucumber, celery, orange, lime.

BERRY GREEN

Blueberries, spinach, frozen banana, fresh coconut milk.

DEEP GREEN

Celery, cucumber, parsley, romaine, spinach, pineapple, fresh coconut milk.

SPECIALTY SMOOTHIES

Our signature 'ice cream' smoothies, made with homemade coconut milk.

VANILLA ALMOND BLISS

Coconut milk, medjool dates, homemade almond butter, vanilla pod.

COCOCCINO

Espresso, coconut milk, medjool dates, homemade almond butter, vanilla pod.

BANANA SPLIT

Coconut milk, banana, medjool dates, homemade almond butter, vanilla pod, chocolate chips.

CHOCO NUTTY

Coconut milk, banana, Mexican cacao, medjool dates, homemade almond butter, vanilla pod.

STRAWBERRIES & CREAM

Coconut milk, strawberries, banana, medjool dates, vanilla pod.

MINT CHOC

Coconut milk, fresh mint, Mexican cacao, medjool dates.

PINADA

Coconut milk, pineapple, banana, medjool dates.

MANGO PINEAPPLE LASSI

Coconut milk, coconut yogurt, mango, pineapple, banana.

+ dulce de leche · + espresso · + cacao nibs · + cookie · + choc chips · + choc drizzle · + adaptogen blend

SIGNATURE BLENDS

Hot or iced, with fresh homemade coconut or almond milk.

CHAI LATTE

Black tea, ginger juice, cardamom and spices. Sweet or natural.

+ shot of espresso for a 'dirty' chai

MATCHA LATTE

Ceremonial organic matcha. Sweetened or natural.

BUYAH CAFE

Organic espresso, fresh coconut cream, coconut oil.

FUN GUY

Adaptogenic mushroom blend with coconut cream and espresso or cacao.

TURMERIC & GINGER LATTE

Turmeric and ginger juice, coconut oil, black pepper, local honey.

RICH CACAO MILK

Mexican cacao, coconut oil, vanilla pod, sweetened with coconut sugar.

TEAS & COFFEES

Our coffees are roasted in Mérida and named after local songbirds: the everyday Calandria, the full-bodied Cardinal, and the Cenzontle, our decaf. Hot or iced, with homemade coconut or almond milk.

Espresso · Double Espresso · Americano · Flat White · Latte · Cappuccino · Mocha

Organic teas: English Breakfast · Earl Grey · Green

Fresh: Mint · Ginger

Dried: Rooibos · Sage Chamomile · Hibiscus

WELLNESS SHOTS & ELIXIRS

GIN-ZING

Fresh ginger, turmeric, orange, lime, Melipona honey.

ALKA SOOTHER

Bicarbonate of soda, apple cider vinegar, reverse osmosis water.

BIONIC BLAST

Apple cider vinegar, ginger, lemon, cayenne, oregano, coconut oil, Melipona honey.

HEALTHFUL HYDRATION

AGUA DE PIEDRA

Still or sparkling mineral water from Mexico.

FRESH COCONUT WATER**ROSEMARY LEMONADE****MINDFUL MOJITO**

Lime, mint and rosemary infused muscovado syrup, sparkling water.

HOUSE GINGER ALE

Ginger juice, ginger syrup, lime, still or sparkling water.

CITRUS ELECTROLYTE

Orange, lime, Himalayan salt, house syrup, still or sparkling water.

CHARCOAL LEMONADE

Activated charcoal, lime, Melipona honey, still mineral water.

MINT PASSION

Fresh coconut milk, ginger juice, mint, passion fruit, house syrup.

Gluten, grain and dairy free. We avoid soy, corn, peanuts, cashews and refined sugar. We only cook and fry with coconut oil, and use extra virgin olive or coconut oil for baking and dressings. Organic and local wherever possible, from small farmers. Please tell us about any allergy.